

# CERTIFICATE OF PARTICIPATION

This is to certify that

**FRIEDA GOUWS**

Has successfully participated & completed the

**5km Konka Farm Run**

held at Konka.

**TIME 00:52:57**

**PACE 10:34/km**

**GENDER 133 of  
203**

**OVERALL 218 of 320**

**OPEN 54 of 76**

31 August 2019, Sat

Date



*BoutTime*

Signature

